



Patient Status Report (PSR)

The patient status report (PSR) is used to document the outcome of treatment for OptumHealth Care Solutions, LLC (OptumHealth) patients. The request to complete the monthly PSR is generated by OptumHealth and distributed to providers at the end of each month and contains a list of all patients whose treatment plans are scheduled to end the following month. The form includes the patient name, the clinical submission reference number, the last scheduled date of treatment, and the initial scores for the outcome assessment forms such as the Back Index and Neck Index. For example, the PSR that is distributed the last week of September contains a list of all patients whose treatment plans are scheduled to end in October. Below is a sample PSR.

OptumHealth Patient Status Report				For Treatment Plans Ending: October 2008				
<p>Please find below a list of patients that have proposed treatment end dates during the month of October 2008. As patients complete their treatment plans, it is useful to obtain objective measures of the patient's change in functional status during the treatment plan. The provider should attempt to have the patient complete a Back Index & Neck Index at or near the end of the treatment plan. Please make sure to complete the bolded columns below. The initial scores, if available, will be auto-populated for you. This report can be completed each month by accessing the www.myoptumhealthphysicalhealth.com website. If you choose not to complete the report via the internet, please mail or fax the completed form to OptumHealth at P.O. Box 212, Minneapolis, MN 55440-0212 - Fax 248-733-6070.</p>								
<p>John Chiropractor, DC ID# 999999 6300 Olson Memorial Hwy Golden Valley, MN 55427</p>				<p style="text-align: center;">Instructions</p> <p>1. Enter the Patient Status from the list at the bottom of the page. 2. Rate patient's adherence to your treatment plan from: 0= completely non-compliant to 10=perfectly compliant. 3. Enter the appropriate final Back Index, Neck Index and/or SF-12 scores.</p>				
Patient Name	Sub #	Treatment End Date	Initial Score		Patient Status	Adherence with Plan	Ending Score	
Dummy, Testing	4892302	07/05/2007	Back	Neck			Back	Neck
Public, John	4039573	11/01/2006						

Patient Status Categories	
1. MTB without residuals and was discharged 2. MTB with residuals and supportive care is not anticipated 3. MTB with residuals and supportive care is anticipated 4. Patient discontinued care due to a reduction in symptoms 5. Patient discontinued care for financial reasons 6. Patient discontinued care for personal reasons 7. Patient discontinued care for unknown reasons 8. Patient had a new injury covered by OptumHealth 9. Patient had a new injury not covered by OptumHealth	10. Patient required a continuation of care 11. Patient's coverage expired or benefits were exhausted 12. Patient was referred/transferred to another health care provider 13. Patient was discharged for non-compliance 14. Referral expired, new referral not issued 15. Patient released to PRN care 16. Patient continued care on a self-pay basis 99. Other

MTB=Maximum Therapeutic Benefit. The application of the present therapeutic regimen has achieved its full potential (the condition has plateaued)

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As patients complete their treatment plans, providers and/or clinical staff record the patient's final status using the final status categories on the report (note: MTB = maximum therapeutic benefit)

Patient Status Categories	
1. MTB without residuals and was discharged	10. Patient required a continuation of care
2. MTB with residuals and supportive care is not anticipated	11. Patient's coverage expired or benefits were exhausted
3. MTB with residuals and supportive care is anticipated	12. Patient was referred/transferred to another health care provider
4. Patient discontinued care due to a reduction in symptoms	13. Patient was discharged for non-compliance
5. Patient discontinued care for financial reasons	14. Referral expired, new referral not issued
6. Patient discontinued care for personal reasons	15. Patient released to PRN care
7. Patient discontinued care for unknown reasons	16. Patient continued care on a self-pay basis
8. Patient had a new injury covered by OptumHealth	99. Other
9. Patient had a new injury not covered by OptumHealth	

MTB=Maximum Therapeutic Benefit. The application of the present therapeutic regimen has achieved its full potential (the condition has plateaued)

and rate the patient's adherence to the provider's treatment plan using a 0-10 scale. In addition, providers should attempt to have the patient complete a follow-up Back Index and/or Neck Index at or near the end of the treatment plan. Any initial scores that were submitted with the original clinical submission form will be pre-populated on the PSR for you.

The score from the final indexes should be recorded on the PSR form here
 The patient's adherence with the treatment is recorded here
 The patient's final status is recorded here

Patient Name	Sub #	Treatment End Date	Initial Score		Patient Status	Adherence with Plan	Ending Score	
			Back	Neck			Back	Neck
Dummy , Testing	4892302	07/05/2007						
Public , John	4039573	11/01/2006						

Comparing the initial Index score on the PSR with the follow-up score achieved at the end of treatment provides an objective measure of the patient's change in functional status during the treatment plan.

The report can be completed each month by accessing the www.myoptumhealthphysicalhealth.com Web site. By the end of each month, the PSR should either be completed online or returned to OptumHealth by either mail or fax.

The online PSR form contains boxes to enter the final/ending score from the Back and/or Neck Index. To aid in scoring the Indexes, a small question mark "?" appears beside the box where you would enter the score. If you are uncertain how to score the Index, you may click on the "?" and a scoring tool will pop up to assist you.

Q & A

1. What should I do if I forgot to give the patient a follow-up Index? Should I put the initial score in the final Index score box on the PSR?

Answer: If you were not able to obtain a follow-up or final Index from the patient, leave the final/ending score boxes blank. Do not use the initial scores as the final/ending scores. This will indicate that your patient's functional status did not change at all with your treatment plan. Should the patient need additional care, you can have the patient complete an updated Index form at that time.