

As patients complete their treatment plans, providers and/or clinical staff record the patient's final status using the final status categories on the report (note: MTB = maximum therapeutic benefit)

Patient Status Categories	
1. MTB without residuals and was discharged	10. Patient required a continuation of care
2. MTB with residuals and supportive care is not anticipated	11. Patient's coverage expired or benefits were exhausted
3. MTB with residuals and supportive care is anticipated	12. Patient was referred/transferred to another health care provider
4. Patient discontinued care due to a reduction in symptoms	13. Patient was discharged for non-compliance
5. Patient discontinued care for financial reasons	14. Referral expired, new referral not issued
6. Patient discontinued care for personal reasons	15. Patient released to PRN care
7. Patient discontinued care for unknown reasons	16. Patient continued care on a self-pay basis
8. Patient had a new injury covered by OptumHealth	99. Other
9. Patient had a new injury not covered by OptumHealth	

MTB=Maximum Therapeutic Benefit. The application of the present therapeutic regimen has achieved its full potential (the condition has plateaued)

and rate the patient's adherence to the provider's treatment plan using a 0-10 scale. In addition, providers should attempt to have the patient complete a follow-up outcome assessment form (Back Index and/or a Neck Index etc...) at or near the end of the treatment plan. Any initial scores that were submitted with the original clinical submission form will be pre-populated on the PSR for you.

The score from the final indexes should be recorded on the PSR form here

The patient's adherence with the treatment is recorded here

The patient's final status is recorded here

Patient Name	Sub #	Treatment End Date	-----Initial Score-----				Patient Status	Adherence with Plan	-----Ending Score-----			
			Back	Neck	DASH	LEFS			Back	Neck	DASH	LEFS
Patient, John	999999	10/15/2005										

Comparing the initial Index score on the PSR with the follow-up score achieved at the end of treatment provides an objective measure of the patient's change in functional status during the treatment plan.

The report can be completed each month by accessing the www.myoptumhealthphysicalhealth.com website. By the end of each month the PSR should either be completed on-line or returned to OptumHealth by either mail or fax.

The on-line PSR form contains boxes to enter the final/ending score from the Back and/or Neck Index. To aid in scoring the Indexes a small question mark "?" appears beside the box where you would enter the score. If you are uncertain how to score the Index you may click on the "?" and a scoring tool will pop up to assist you.

Q & A

1. What should I do if I forgot to give the patient a follow-up Index? Should I put the initial score in the final Index score box on the PSR?

Answer: If you were not able to obtain a follow-up or final Index from the patient, leave the final/ending score boxes blank. Do not use the initial scores as the final/ending scores. This will indicate that your patient's functional status did not change at all with your treatment plan. Should the patient need additional care you can have the patient complete an updated Index form at that time.