

# PT/OT Network Tiering

The objective of the Optum® Clinical Support Program is to facilitate the adoption of current best evidence into practice, leading to less variation in decision-making and resulting in more affordable and higher quality health care services. To accomplish this, Optum has developed an integrated set of outreach activities of varying degrees of intensity based on the degree to which decision-making of an individual provider or facility varies from that of peers and current best evidence.

One way in which we identify providers or facilities that would benefit from our outreach activities is to create a tiered network environment. The tier criteria, illustrated below, used to identify tiers within the Optum network are developed and approved by a series of committees, each consisting of external providers and subject matter experts from active practice, academic institutions and professional licensing bodies. When evaluating tiering criteria, we consider characteristics of the treated patient population to ensure the case mix does not adversely impact the tier assignments. For additional information on tiering, please consult the Provider Operations Manual at [www.myoptumhealthphysicalhealth.com](http://www.myoptumhealthphysicalhealth.com).

Performance Benchmarks	Tier 1 Advantage (must meet all)	Tier 1 (must meet all)	Tier 2 (meets one or more)
<b>Fee For Service Plan Performance</b>			
Average Dates Of Treatment Per Patient	≤ 8 On Average	≤ 8 On Average	> 8 On Average
Passive Modalities Per Date Of Service	≤ 1.5 On Average	≤ 1.5 On Average	> 1.5 On Average
Units Per Date of Service	≤ 3.5 On Average	≤ 3.5 On Average	> 3.5 On Average
Patient Volume	≥ 15 Patients Per Year	≥ 5 Patients Per Year	< 5 Patients Per Year
Additional Tier 1 Advantage entry requirement	Tier 1 status for two consecutive years		
<b>Per Diem Plan Performance</b>			
Average Dates Of Treatment Per Patient	≤ 8 On Average	≤ 8 On Average	> 8 On Average
Patient Volume	≥ 15 Patients Per Year	≥ 5 Patients Per Year	< 5 Patients Per Year
Additional Tier 1 Advantage entry requirement	Tier 1 status for two consecutive years		

Note: Tiering is evaluated at the Tax ID level.

## Pediatric Clinics (Defined by: average patient age ≤ 16 and multi-provider specialty that includes PT and OT)

Pediatric Clinic Performance Benchmarks	Tier 1 Advantage (must meet all)	Tier 1 (must meet all)	Tier 2 (meets one or more)
Average Patient Age	≤ 16 On Average	≤ 16 On Average	> 16 On Average
Patient Volume	≥ 15 Patients Per Year	≥ 5 Patients Per Year	< 5 Patients Per Year
Average Dates Of Treatment Per Patient	≤ 18 On Average	≤ 18 On Average	> 18 On Average
Provider Specialties In Clinic (Currently SLP is not tiered)	PT and OT	PT and OT	PT or OT
Additional Tier 1 Advantage Entry Requirement	Tier 1 status for two consecutive years		