



Denial of Services Not Covered by the Health Plan

Optum Health Solutions Musculoskeletal (MSK)
Utilization Management Policy
Policy Number: 366

Effective Date: 04/24/2025

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Policy Statement

Services will be denied if they are a non-covered Health Plan benefit. A reference source which lists non-covered services for the plan will be cited where possible.

Purpose

To state the criteria supporting coverage denials that provide no criteria for the denial other than the service is not covered.

Scope

All in and out of network programs, involving all provider types, where utilization review (UR) and coverage determinations are performed.

Background

Health plans benefit documents may include specific exclusions and/or limitations. These documents take precedence over delegated UM programs. Services that are not explicitly covered by a member's benefit document will be administratively denied. Examples of services that may not be covered include but are not restricted to those where visit limits and/or reimbursement limits have been exceeded.

Reference

Consensus- Utilization Management Committee

Review and Approval History

Date	Description
09/20/2002	Original effective date
11/11/2003	Annual review and approval completed
10/18/2004	Annual review and approval completed
02/14/2006	Annual review and approval completed
04/10/2008	Annual review and approval completed
01/15/2009	Policy reformatted
04/30/2009	Annual review and approval completed
01/27/2011	Background section added
04/08/2010	Annual review and approval completed
10/26/2010	Policy rebranded to "OptumHealth Care Solutions, Inc. (OptumHealth)"
04/07/2011	Annual review and approval completed
04/19/2012	Annual review and approval completed
04/18/2013	Annual review and approval completed
04/17/2014	Annual review and approval completed; Policy rebranded "Optum* by OptumHealth Care Solutions, Inc."
04/16/2015	Annual review and approval completed
04/21/2016	Annual review and approval completed
04/20/2017	Annual review and approval completed; Legal entity name changed from "OptumHealth Care Solutions, Inc." to "OptumHealth Care Solutions, LLC."
04/26/2018	Annual review and approval completed
04/25/2019	Annual review and approval completed
04/23/2020	Annual review and approval completed; no significant changes made to the document
04/22/2021	Annual review and approval completed; no significant changes made to the document
05/03/2022	Annual review and approval completed; no significant changes made to the document
06/29/2022	Updated legal entity name "OptumHealth Care Solutions, LLC." to *Optum™ Physical Health ("Optum") includes OptumHealth Care Solutions, LLC; ACN Group IPA of New York, Inc.; ACN Group IPA of California, Inc. d/b/a OptumHealth Physical Health of California; Managed Physical Network, Inc.; and OrthoNet Holdings, Inc. which includes OrthoNet New York IPA, Inc., OrthoNet West, Inc., OrthoNet, LLC, OrthoNet of the South, Inc.
04/27/2023	Annual review and approval completed; no significant changes made to the document. Updated contact email from policy.inquiry@optumhealth.com to phpolicy_inquiry@optum.com.

02/14/2024	Annual review performed. Content transitioned to new template. No substantive changes to clinical content. Approved by Optum Clinical Guideline Advisory Committee.
04/25/2024	Annual review and approval by Optum Quality Improvement Committee.
02/12/2025	Annual review with no substantive changes. Approved by Optum Clinical Guideline Advisory Committee.
04/24/2025	Approved by Optum Quality Improvement Committee.
